

Accountability Check off Sheet

This sheet is meant as a tool. For at least the first 8 times you meet it is recommended that you have your partner sign off on the bottom. Also, when you have gone through the questions, you should write an action plan for the next two weeks. Your partner should ask you about your action plan the next time you meet.

Area of Relationships

- Family (time spent, communication, conflict resolution, trust, love and respect) Eph. 6:1-4 and Proverbs 1:8-9
- Friendships (Jonathans, Nathans, those that you are investing into and those you are reaching out to) 1 Sam. 18-23; 2 Sam. 12; Matt. 28
- Discussion Group
- Coworkers

Area of Integrity

- Work Ethic Proverbs 14:23
- Purity and Modesty 1 Cor. 6:18-20; Job 31:1
- Honesty/Deceit
- Finances
- Taming the Tongue (Gossip and proper confrontation) Matt. 18; James 3

Area of Spiritual Growth

- Fruit of the Spirit Gal. 5
- Love 1 Cor. 13
- Personal Time with God
- Prayer
- Worship (choices that honor God) Romans 12

Area of Personal Wellness 1 Cor. 6:19

- Honoring a day of rest
- Exercise
- Healthy Food Choices

Action Plan:

Signed: _____ Date: _____